

Discover



Exploring Parenting

Would you like to learn more about parenting children aged 0-13?

Come to any or all of the sessions below

No booking required

10.00am-12.00pm on Tuesdays

Footprints Children and Family Centre, Lyndhurst Road, Worthing

12th June – Managing behaviour 1

Find out what works for you and your child

19th June - Improving communication

Positive responses, positive behaviours

26th June – Managing behaviour 2

Through strengthening your relationship with your child

3rd July - Parenting 11 – 13 year olds

Prepare for the roller coaster years

10th July - Understanding special educational needs & disabilities

Q&A Where to go for help

To enable everyone to get the most out of the sessions we respectfully ask you to find alternative childcare for young children.